

Newsletter August 2025

Athletics, Basketball, Swimming

The CISCE ZONE C Athletic Meet was held on the 9th and 10th of July at Pala Municipal Stadium. 54 athletes from Pallikoodam took part in the meet hosted by Kuriakose Elias English Medium School. After two days of intense competition, Pallikoodam emerged the Overall Champions with a total of 326 points. Alphonsa Residential School came second with a score of 226 points. We were the Overall Champions for Under 14 Boys and Girls, Under 17 Boys and Under 19 Boys. We were the Runners-up for Under 17 Girls and Under 19 Girls. Gianna Vinod was the Individual Champion in the Under 14 Girls category alongside Yonathan Oommen in the Under 14 Boys category. 32 of our athletes have been selected to represent Zone C in the upcoming Regional Meet.



On 28th June, three teams from Pallikoodam competed in the ZONE C CISCE Basketball Tournament hosted by Kuriakose Elias English Medium School. The Under 19 Boys team won the final match against Chavara CMI School with a score of 27-4 and the Under 14 Boys won the final match against KEEMS with a score of 18-5. The Under 17 Boys were the Runners-up in their category. 15 students have been selected from Pallikoodam to represent Zone C at the Regional Tournament.



Pallikoodam hosted the 5th CISCE Zone C Aquatic Meet on 3rd July 2025. The Meet was inaugurated by our Chief Guest Dr. Appunni S. Swimmers from various schools in our zone including Alphonsa Residential School, Infant Jesus School, Kuriakose Elias English Medium School and Kristu Jyothi Vidyaniketan participated in the Meet. A total of 24 swimmers from our school took part in all the categories including Under-14 Boys and Girls, Under-17 Boys and Girls, Under-19 Boys and Girls. 21 students from Pallikoodam have qualified to represent Zone C at the Regional Meet.



Rehan Robin Vettoor
Sports Captain

Chess

On 23rd July, 2025, 23 students from Pallikoodam participated in the CISCE Zone C Chess Competition held at St. PIUS X School, Kuttikanam. I was fortunate to be part of this group and had a memorable experience competing in the Under19 Girls Category. After a series of closely contested matches, I emerged as the champion which filled me with immense pride and happiness.

Pallikoodam emerged as the Overall Champions in the tournament. 8 students from our school, including myself, have been selected to represent Zone C at the Regional competition.



We are all eager to give our best in the upcoming Regional competition and make our school proud again.

Diya Jacoby
Std IX

Street Plays

As part of Drug Awareness Day, the students of Std XII staged a street play at Nagambadam Bus Stand, delivering a bold message against substance abuse. The initiative, organized in coordination with the East and West Police Stations of Kottayam, aimed to engage the public directly and spark conversation on the growing menace of drug addiction.



Despite having just two days to prepare, we managed to hold the attention of a sizeable crowd with a power-packed performance. The play portrayed the emotional and social consequences of drug use, and highlighted the courage it takes to say 'No'. Performed amidst the everyday bustle and noise of the bus-stand, the

message struck a chord with the people, many of whom stopped to watch, listen, and reflect.



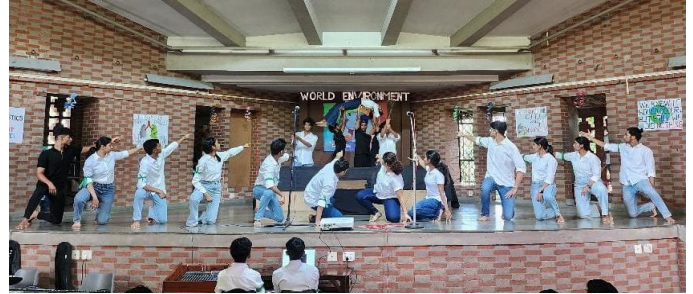
Even with forgotten lines and stage fright, we found strength in the cause we believed in.

The event, which also featured performances from other local schools, was part of the campaign to raise awareness among youth and the general public. We concluded our play with a reminder that saying 'No' to drugs is saying 'Yes' to life.

Achyuthan B Nair
Sathyam House Captain

World Environment Day

On World Environment Day, the students of Std XII staged a Theme Assembly that underscored the urgent need to protect and preserve the natural world. The highlight of the assembly was a thought-provoking Street Play that depicted the stray dog menace that has been in the news for the past few months. The contribution of the whole class, both on stage and behind the scenes, made the event memorable. Our efforts were rewarded with enthusiastic applause from the audience, who were visibly moved by the performance.



Achyuthan B Nair
Sathyam House Captain

Insights into Indian History

Mr. Samir Madhusan Kher is a travel explorer with over two decades of experience leading eco-tourism initiatives in the Himalayas. As a co-founder of Deep Dive India, he pioneers education-travel experiences that connect classroom learning with real-life experiences. His recent talk at Pallikoodam offered a fresh perspective on our long-held understandings of British colonialism in India.

The session explored how the British drained India's wealth and resources, as well as how quickly they took over India. He also mentioned the narratives fed into British mainstream media that normalized India's oppression in the eyes of the British public. After the talk, Mr. Kher engaged directly with the students when he delivered his insights on a number of questions.

Overall, it was an intriguing discussion that provided a



well-rounded perspective into this complex historical period of our country.

Maria Binoy Kondoor
Std XI

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PALLIKOODAM

Vadavathoor P.O, Kottayam, Kerala 686010

PH:0481-2578123, 2572961.

Email: pallikoodam@pallikoodam.org

